

weekend brunch AVAILABLE ONLY ON WEEKENDS

plant-based 'bacon'n'cheese' bagel ^{PB} | 4.95€
housemade bagel + young coconut 'bacon'* + plant-based mascarpone + plant-based cheddar

avocado toast ^{PB} | 4.95€
housemade bread + avocado + lemon + flax + chia + cayenne

avocado toast extras:
poached poultry egg **+1.00€**
scrambled poultry egg **+1.00€**
marinated wild Alaskan salmon** **+2.95€**

the scandal scramble | 4.95€
scrambled poultry eggs + mushrooms + feta cheese + spinach + carrot + 'flute' bread with tomato

healthy eggs royale with alaskan wild salmon ^{N|OF} | 12.95€
housemade English muffin + wild Alaskan salmon** sashimi + poached eggs + plant-based curry hollandaise sauce + roasted carrot and artichoke



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housemade gluten-free bakery

vegan pear-chocolate muffin ^{PB} | 2.95€
buckwheat muffin + caramelized pear + chocolate

quinoa-blueberry muffin ^{PB|N} | 2.95€
quinoa and buckwheat muffin + hazelnut cream + blueberries

matcha muffin ^{PB|N} | 2.95€
buckwheat and whole grain rice + almond cream + matcha tea + cacao nibs

miso-ginger muffin ^{PB|N} | 2.95€
buckwheat and whole grain rice + almond cream + coconut plant-based drink + ginger + miso

chocolate & orange muffin ^{PB|N} | 2.95€
buckwheat and whole grain rice + hazelnut cream + banana + cocoa + orange

cookie ^{PB|N} | 2.50€
housemade vegan cookie with raw chocolate chips and walnuts

moskito ^{PB|N} | 3.50€
buckwheat flour + cashew mascarpone + chocolate cover

pink lady ^{PB|N} | 2.50€
buckwheat flour + cashew and lemon cream + beetroot + plant-based white chocolate

coco choco chia bar ^{PB|RF|N} | 3.50€
coco and chia cream + almonds + raw chocolate

cinnamon maca roll ^{PB|N} | 3.50€
buckwheat flour + almonds + cinnamon + maca + plant-based mascarpone

choco ginseng don e.t ^N | 2.50€
almond flour mini doughnut (not fried) + chocolate cover + peanuts + chili

maple-glazed doughnut ^N | 2.95€
almond flour doughnut (not fried) + coconut flour + cashews + honey + maple syrup glaze

ginger-turmeric doughnut ^N | 2.95€
almond flour doughnut (not fried) + buckwheat flour + walnuts + ginger + cashews + turmeric + plant-based chocolate



take a look at the menu
visit: flaxandkale.com/flaxkale-azca or scan this QR code.

frozen healthy smoothies

glass: 4.95€ | bowl: 6.95€

açaí ^{PB|N}
glass: açai do Brasil + banana + strawberries + housemade cashew plant-based drink + agave syrup + hemp seeds
bowl: + blueberries + housemade crumble with Brazilian nuts + Goji berries

teresa's favorite smoothie ^{PB|N}
housemade almond plant-based drink + strawberries + almond butter + agave syrup + vanilla
bowl: + Teresa's original granola + raspberries + pomegranate



plant-based yoghourts

4.95€

royal coconut milk parfait ^{PB|N}
housemade coconut milk yogurt + housemade granola + berries + strawberry and rhubarb jam

mango passion yoghurt ^{PB|N}
housemade cashew yoghurt + mango + coconut cream

creamy healthy ice creams

5.95€

no added sugars | lactose free

toasted hazelnut ^N
ice cream: hazelnuts
fruit: banana + blueberries
indulgence: ginger turmeric doughnut*
topping: cocoa nibs + hazelnuts

cashew choco ^{PB|N}
ice cream: chocolate
fruit: papaya + strawberries
indulgence: pink lady
topping: coconut + Goji berries

ALL DISHES ARE
GLUTEN-FREE

PB | plant-based **N** | nuts
RF | raw food **OF** | oily fish

www.flaxandkale.com

follow us: @flaxandkale

* All plant-based proteins are developed by our R&D team in our workshop

** Our Alaskan wild salmon is obtained by sustainable fishing, which helps to keep our oceans' ecosystems healthy and strong.

specialty coffee

high quality, sustainable, honest coffee

FLAX & KALE

street

espresso

espresso 1.80€



18ml of coffee in a cup
(9g of coffee)

long black (americano) 2.30€



90ml of hot water extra
36ml of coffee in a cup
(18g of coffee)

regular filtered coffee | free refill

moccamaster extraction 2.00€



high-quality filter coffee, great taste and aroma, only for true coffee lovers

for a superior coffee experience, we recommend you try our unpasteurised plant-based drinks made by hand in our workshop

gluten-free | dairy-free
organic plant-based drinks



Flax & Kale
Sustainable Program

purchase a reusable Flax & Kale mug at cost price (€2.95) and get €0.50 off all coffee every time you show it

combine with your favorite plant-based drink!

extra shot: +0.50€

what coffee do you fancy?

dairy / soy

hazelnut

coconut oat

almond cashew

cortado



40ml of milk / plant-based drink
18ml of coffee in a cup
(9g of coffee)

2.00€

+0.20€

+0.20€

+0.20€

coffee with milk / cappuccino



120ml of milk / plant-based drink
18ml of coffee in a cup
(9g of coffee)

2.20€

+0.40€

+0.40€

+0.40€

flat white



100ml of milk / plant-based drink
36ml of coffee in a cup
(18g of coffee)

2.40€

+0.40€

+0.40€

+0.40€

latte



225ml of milk / plant-based drink
18ml of coffee in a cup
(9g of coffee)

2.60€

+0.60€

+0.60€

+0.60€

tea world

+ add a plant-based drink

matcha latte 2.90€ | +0.60€

chai tea latte 2.90€ | +0.60€

black chai^{ECO} 2.50€

green (sencha)^{ECO} 2.50€

red (pu erh)^{ECO} 2.50€

black (earl grey)^{ECO} 2.50€

rooibos^{ECO} 2.50€

rooibos masai masala^{ECO | IN} 2.50€

digestive tea^{ECO} 2.50€

Eat better > Be happier > Live longer