

# ALÉRGENOS | ALLERGENS | ALLERGÈNES

## PARA PICAR & ENTRANTES To Nibble & Starters À grignoter et entrées

 GLUTEN\*  
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 LACTEOS  
DAIRY  
LAITIERS

 FRUTOS SECOS  
NUTS  
FRUITS SECS

 CACAHUETES  
PEANUTS  
CACAHUËTES

 SÉSAMO  
SESAME  
SESAME

 APIO  
CELERY  
CÉLERI












 MOSTAZA  
MUSTARD  
MOUTARDE

 HUEVOS  
EGGS  
ŒUFS












 SULFITOS SO<sub>2</sub>  
SULPHITES SO<sub>2</sub>  
SULFITES SO<sub>2</sub>

 SOJA  
SOY  
SOYA












 PESCADO  
FISH  
POISSON

											
KALE CHIPS ORIGINAL RECIPE			●						●		
KALE CHIPS THAI STYLE				●					●		
UMAMI MARCONA			●		●				●	●	
CRUNCHY YELLOWFIN TACO					●				●	●	●
CRUNCHY SALMON TACO							●		●	●	●
ROASTED BONIATO									●		
JAFFA STREET CREAMY HUMMUS			●		●				●		
TENDER PEANUT BUTTER CAULIFLOWER				●	●	●			●	●	
KUALA LUMPUR'S STREET AUBERGINE					●				●	●	
MANGO & AVOCADO TARTARE					●			●	●	●	
TERESA'S ORIGINAL GAZPACHO									●	●	
NACHOS SUPREMOS			●			●	●		●	●	

## ENSALADAS | Leafy Greens Salades

											
JB'S FAVORITE ITALIAN		●	●		●					●	
TERESA'S FAVORITE KALE SALAD					●		●			●	
KALE CAESAR SALAD			●		●		●		●	●	
ROASTED ROOTS & AVOCADO SALAD		●					●		●		
TUNA POKE BOWL					●		●		●	●	●
SALMON POKE BOWL					●	●	●		●	●	●

## HEALTHY PIZZA

											
MARGHERITA			●								
TRUFFLE & FUNGHI									●		
JB										●	
PLANT-BASED QUATTRO			●						●	●	
BARBACOA BARBECUE			●			●			●	●	












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## ESPECIALIDADES DE TERESA Teresa's Specialities Les Spécialités de Teresa

											
JACKFRUIT TACOS AL PASTOR			●			●	●		●	●	
OMG! BIG FLAX BURGER	●		●		●		●		●	●	
TUNA LOVES WASABI BURGER	●				●		●		●	●	●
SALMON MINI BURGERS	●				●		●		●	●	●
BUTTERNUT SQUASH MALAYSIAN CURRY				●					●	●	
PAD THAI DE 'POLLO' 'CHICKEN' PAD THAI 'POULET' PAD THAI				●					●	●	
KONJAC RISOTTO & ALASKAN WILD SALMON						●			●		●
LA PESCA DEL SALMÓN DE ALASKA SALMON FISHING IN ALASKA PÊCHE AU SAUMON DE L'ALASKA									●	●	●
RAMEN-YA TERE			●		●	●	●		●	●	

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## HEALTHY KIDS OPTIONS

											
SUPERKIDS	●		●		●				●	●	
JACK SPAGHETTINI SPARROW		●					●		●	●	
NINJA NUGGETS									●	●	

## WEEKEND BRUNCH

											
CLASSIC AVO TOAST					●					●	
POKE AVO TOAST					●					●	●
AÇAI BOWL			●	●					●		
ROYAL COCONUT MILK PARFAIT			●		●						
THE SCANDAL SCRAMBLE		●					●				
HEALTHY EGGS ROYALE WITH ALASKAN WILD SALMON					●		●	●	●	●	●
HEALTHY EGGS BENEDICT					●		●	●	●	●	

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## HOUSEMADE GLUTEN-FREE BREAD

											
SEMILLAS DE AMAPOLA POPPY SEEDS GRAINES DE PAVOT											
CÚRCUMA Y CAÑAMONES TURMERIC & HEMP SEEDS CURCUMA ET CHÊNEVIS											
NUECES Y SEMILLAS WALNUTS & SEEDS NOIX ET GRAINES			●		●						
PULGA SALMON SASHIMI SMALL SALMON SASHIMI SANDWICH PETIT PAIN SAUMON SASHIMI			●		●				●	●	●
PULGA PORTOBELLO SMALL PORTOBELLO SANDWICH ROLL PETIT PAIN PORTOBELLO			●		●						
PULGA TUNA SMALL TUNA SANDWICH ROLL PETIT PAIN THON			●		●				●	●	●
PAN CON TOMATE TOAST WITH TOMATO FICELLES À LA TOMATE											

## POSTRES | Desserts

											
TWO TEXTURES CHOCOLATE CAKE			●							●	
COOKIES & PASSIONFRUIT CAKE			●							●	
LEMON PIE			●							●	
PASTEL DE QUESO CHEESECAKE										●	
CARROT CAKE			●							●	

## HELADOS | Ice creams | Glaces

											
TOASTED HAZELNUT ICE CREAM			●					●		●	
CHOCO ICE CREAM			●							●	
SUNDAE DE VAINILLA VANILLA SUNDAE VANILLE SUNDAE			●								
SUNDAE DE MANGO & ANACARDOS MANGO & CASHEW SUNDAE MANGUE & NOIX DE CAJOU SUNDAE			●								

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