



FLAX & KALE

—◆ CUINA FLEXITERIANA ◆—

AL·LÈRGENS | ALÉRGENOS | ALLERGENS

PER PICAR & ENTRANTS PARA PICAR & ENTRANTES To Nibble & Starters

 GLUTEN
GLUTEN
GLUTEN

 LÀCTICS
LACTEOS
DAIRY

 FRUITA SECA
FRUTOS SECOS
NUTS

 CACAUETS
CACAHUETES
PEANUTS

 SÈSAM
SÈSAMO
SESAME

 API
APIO
CELERY












 MOSTASSA
MOSTAZA
MUSTARD

 OUS
HUEVOS
EGGS










 SULFITS SO₂
SULFITOS SO₂
SULPHITES SO₂

 SOJA
SOJA
SOY












 PEIX
PESCADO
FISH

											
KALE CHIPS ORIGINAL RECIPE			●						●		
UMAMI MARCONA			●		●				●	●	
SÍNDRIA A LA GRAELLA SANDÍA A LA PARRILLA GRILLED WATERMELON		●	●				●				
SALMON SASHIMI TOAST	●				●				●	●	●
FUNGI COCONUT TOAST	●				●				●		
MANGO & AVOCADO TARTARE					●		●		●	●	
CRUNCHY YELLOWFIN TACO					●				●	●	●
CRUNCHY SALMON TACO					●		●		●	●	●
CRUNCHY HIRAMASA TACO					●		●		●	●	●
PLANT-BASED FOIE	●								●	●	

PER COMPARTIR | PARA COMPARTIR Sharing Courses

											
HUMMUSÍSSIMO			●		●				●	●	
ASSORTIMENT CRUNCHY TACOS SURTIDO CRUNCHY TACOS CRUNCHY TACOS ASSORTMENT					●		●		●	●	●
NACHOS SUPREMOS			●				●		●	●	
BRAISED BROCCOLI, MUHAMMARA & YEMENI ZHUG SAUCE			●								

AMANIDES | ENSALADAS Leafy Greens

											
TERESA'S FAVORITE KALE SALAD					●		●			●	
KALE CAESAR SALAD			●		●		●		●	●	
YELLOWFIN TUNA & SALMON POKE BOWL					●	●	●		●	●	●
ROASTED ROOTS & AVOCADO SALAD		●					●		●		
RAW SUPER BOWL			●		●		●			●	
SALAD FOR THE GODS		●	●		●		●		●	●	
ALASKAN SALMON BIBIMBAP					●				●	●	●

AL·LÈRGENS | ALÉRGENOS | ALLERGENS

PASTA ARTESANA | Healthy Pasta

											
SUPERTAGLIATELLE	●	●	●								●
PAD THAI DE 'POLLASTRE' PAD THAI DE 'POLLO' 'CHICKEN' PAD THAI				●		●				●	●
ASIAN CACIO & PEPE			●							●	

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ESPECIALITATS DE LA TERESA ESPECIALIDADES DE TERESA Teresa's Specialities












											
LA PESCA DEL SALMÓ D'ALASKA LA PESCA DEL SALMÓN DE ALASKA SALMON FISHING IN ALASKA									●	●	●
TUNA LOVES WASABI BURGER	●				●		●		●	●	●
SALMON MINI BURGERS	●				●		●		●	●	●
TACOS AL PASTOR			●			●	●		●	●	
BUTTERNUT SQUASH MALAYSIAN CURRY				●					●	●	
ARRÒS MELÓS D'ESPIRULINA, SALICÒRNIAI SALMÓ ARROZ MELOSO DE ESPIRULINA, SALICORNIA Y SALMON CREAMY RICE WITH SPIRULINA, SALICORNIA AND SALMON			●			●			●	●	●
LOW CARBS RISOTTO & YELLOWFIN TUNA					●	●			●	●	●
RAW VEGAN LASAGNA			●						●		
MISO GLAZED SPANISH MACKEREL					●				●	●	●
PLANT-BASED TRUFFLED MAYO BURGER	●		●		●				●	●	
BBQ TAMARIND GLAZED DOGFISH & SSÁAMS					●				●	●	●
PLANT-BASED BBQ RIBS TACOS					●				●	●	












SOPEES & CREMES | SOPAS & CREAMAS Soups & Creams

											
KALE DREAM CREAM			●			●			●	●	
RAMEN YA-TERE			●		●	●	●		●	●	












AL·LÈRGENS | ALÉRGENOS | ALLERGENS

POSTRES | Desserts

											
TWO TEXTURES CHOCO CAKE			●							●	
TERESA'S MATCHA CHEESECAKE			●							●	
COOKIES & PASSIONFRUIT CAKE			●							●	
LEMON PIE			●							●	
PASTÍS DE FORMATGE TARTA DE QUESO CHEESECAKE										●	
CARROT CAKE			●							●	
WHITE MISO GINGER CHEESECAKE			●							●	
GREEK COCONUT PARFAIT			●							●	
HEALTHY THAI TORRIJA	●									●	
CHOCOLATE & HAZELNUT MOUSSE CAKE			●								

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HEALTHY INDULGENCES

											
MOSKITO			●							●	
COCO CHOCO CHIA			●							●	
PINK LADY			●							●	
ENERGY SPICY BAR			●		●				●		
RASPBERRY & RICE PROTEIN STICK BALL			●								
MATCHA & PEA PROTEIN STICK BALL			●							●	
ORANGE & HEMP PROTEIN STICK BALL			●								
VEGAN PEAR-CHOCOLATE MUFFIN										●	
QUINOA-BLUEBERRY MUFFIN			●							●	
MATCHA MUFFIN			●							●	
MISO-GINGER MUFFIN			●							●	
CHOCOLATE & ORANGE MUFFIN			●							●	
VEGAN COOKIE			●							●	
MAPLE-GLAZED DOUGHNUT			●						●		
GINGER-TURMERIC DOUGHNUT			●					●		●	



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