

If you're allergic or intolerant to any kind of food, please notify us immediately.

TO NIBBLE & STARTERS

- ROASTED BONIATOS** | 2,50€
roasted and spiced sweet potatoes
- ROASTED CARROTS** | 2,50€
roasted and spiced carrots
- UMAMI ALMONDS** | 4,95€
Marcona almonds + white miso + white sesame + black garlic + ginger
- KALE CHIPS ORIGINAL RECIPE** | 3,95€
dehydrated kale + cashews + nutritional yeast + turmeric
- KALE CHIPS THAI STYLE** | 3,95€
dehydrated kale + cayenne + Goji berries + ginger + cilantro + peanuts | 🌶️
- SALMON SUSHI SANDWICH** | 6,95€
rice + marinated salmon + avocado + nori seaweed + seaweed caviar + miso-ginger sauce
- CRUNCHY YELLOWFIN TACO** | 4,95€
crunchy nixtamalized corn taco + marinated yellowfin tuna dice + white cabbage + coriander + spring onion + housemade pink sauce with chipotle + avocado + sesame seeds | 🌶️
- CRUNCHY SALMON TACO** | 4,95€
crunchy nixtamalized corn taco + marinated Alaskan wild salmon² dice + avocado + nori seaweed + romaine lettuce + tartare sauce with *jalapeños*
- CRUNCHY HIRAMASA TACO** | 4,95€
crunchy nixtamalized corn taco + marinated hiramasa (kingfish) dice + radishes + romaine lettuce + dill + ponzu sauce + sweet wasabi sauce | 🌶️
- MANGO & AVOCADO TARTARE** | 9,95€
mango + avocado + red onion + semi-dry tomato + seaweed caviar + white sesame + chives + tartare special dressing
- SUPERFOOD PLANT-BASED DUMPLINGS** | 10,50€ / 6 UNITS
'bbq pulled pork' jackfruit + truffled funghi + 'carn d'olla' plant-based | 🌶️
- 'BBQ PULLED PORK' BAO** | 4,00€ / PIECE
healthy bao + jackfruit + red cabbage *sauerkraut* + peanuts + chili jam mayo + cilantro | 🌶️

TO SHARE

- CRUNCHY TACOS ASSORTMENT** | 13,95€
1 pc. crunchy yellowfin taco
1 pc. crunchy salmon taco
1 pc. crunchy hiramasa taco
- TENDER PEANUT BUTTER CAULIFLOWER** | 5,95€
super tender cauliflower + black garlic + ginger + peanut sauce
- KUALA LUMPUR'S STREET AUBERGINE** | 5,95€
miso marinated aubergine + yakiniku sauce
- JAFFA STREET CREAMY HUMMUS** | 5,95€
creamy hummus + housemade pita bread
- COCONUT SAVOURY YOGHURT** | 6,95€
coconut yoghurt + hummus + crunchy chickpeas + veggie dips + housemade nixtamalized corn nachos + avocado

RF Raw food PB Plant-based GF Gluten-free OF Oily fish 🌶️ Spicy

¹ All plant-based proteins are developed by our R&D team in our workshop.

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FLAX & KALE
PASSAGE

X **YURBBAN**
HOTELS

ROOM SERVICE
monday - sunday: 12h. - 16h.



SALADS

TERESA'S FAVORITE KALE SALAD | 11,95€
kale + cherry tomatoes + avocado + mixed sprouts + nori seaweed + mango + radishes + chipotle vinaigrette | 🌿

KALE CAESAR SALAD | 11,95€
kale + romaine lettuce + plant-based parmesan + it's plant-based 'chicken'¹ + croutons + plant-based Caesar sauce + plant-based 'bacon'

MIDDLE-EASTERN SALAD | 11,95€
spinach + rocket + caviar lentils + roasted pumpkin + crispy tempeh + almonds + pomegranate + tahina vinaigrette

SALMON POKE BOWL | 13,95€
Alaskan wild salmon² + black rice + white quinoa + avocado + wakame + fermented celery + kelp noodles + mango + leafy greens + miso-ginger sauce

THAI | 10,95€
green papaya + daikon + carrot + fennel + cucumber + parsley + mint + coriander + basil + roasted peanuts + citric vinaigrette with *jalapeno* | 🌿

HEALTHY KIDS OPTIONS

SUPERKIDS | 9,95€
housemade gluten-free bread + it's plant-based burger¹ + ecologic ketchup + kale chips

JACK SPACHETTINI SPARROW | 9,95€
rice spaghetti + housemade tomato sauce + it's plant-based 'meatballs'¹

FINDING QUINOA NEMO | 9,95€
Alaskan wild salmon² + quinoa with vegetables in the wok + leafy greens

NINJA NUGGETS | 6,95€ | 6 PIECES **NEW**
baked it's plant-based 'chicken'¹ nuggets + ecologic ketchup

TERESA'S SPECIALTIES

BUTTERNUT SQUASH MALAYSIAN CURRY | 14,00€
pumpkin + broccoli + zucchini + mushrooms + turmeric curry sauce + peanuts + coconut yoghurt + cilantro + brown basmati rice | 🌿

KONJAC RISOTTO | 15,00€
konjac + boletus edulis + spinach + green asparagus + artichoke + Alaskan wild salmon²

MY VEGAN JAPANESE GIRLFRIEND BOWL | 13,50€
black rice + quinoa + 'bbq pulled pork' jackfruit + plant-based scrambled eggs + yakiniku sauce + coriander | 🌿

BAMBOO STEAMED ALASKAN SALMON | 19,50€
Alaskan wild salmon² + teriyaki sauce + wild herbs + edamame + black wild rice

DOUBLE CHEEZBURGER | 13,95€
housemade bread + double it's plant-based 'hamburger'¹ + housemade bbq sauce + pickled cucumber + double it's plant-based cheddar + roasted sweet potatoes

SALMON MINI BURGERS | 16,95€
housemade bread with beetroot + Alaskan wild salmon² burger patties (3 pcs.) + roasted sweet potato + plant-based mayonnaise with old style mustard

RAMEN YA-TERE | 12,95€
housemade ramen broth + buckwheat soba noodles + plant-based chashu (nori seaweed, pulled jackfruit)¹ + young coconut 'bacon' + roasted pumpkin + oyster mushroom + nori seaweed + wakame seaweed + watermelon radish + toasted sesame

'CHICKEN' PAD THAI | 12,95€
rice spaghetti + shiitake + carrot + it's plant-based 'chicken'¹ + soybean sprouts + roasted peanuts + pickled daikon + housemade pad thai sauce + spring onion + lime + coriander

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HEALTHY PIZZA

FOCACCIA | 5,95€

RF | PB
GF | OF

MARINARA | 10,50€

RF | PB
GF | OF

San Marzano tomato + garlic + oregano +
Teresa's Juicery Green Olive Oil

MARGHERITA | 11,50€

RF | PB
GF | OF

San Marzano tomato + plant-based mozzarella
+ basil

BARBECUE | 15,00€

RF | PB
GF | OF

housemade barbecue sauce + San Marzano
tomato + plant-based mozzarella +
it's plant-based 'meat'¹ + red onion +
sweet corn + broccoli + *jalapeño* | 🌶️

TRUFFLE & FUNGHI | 15,50€

RF | PB
GF | OF

coconut cream + wild herbs (*pizza bianca*)

JB | 11,50€

RF | PB
GF | OF

dried tomato + fresh spinach + plant-based
mascarpone

PLANT-BASED QUATTRO | 15,00€

RF | PB
GF | OF

San Marzano tomato + plant-based cheddar +
plant-based blue cheese + plant-based
mozzarella + *parmigiano teresiano*

BARCELONA | 15,50€

RF | PB
GF | OF

grilled aubergine & red peppers + *romesco* sauce
+ tomato + plant-based pickled 'tuna'

WEEKEND BRUNCH

CLASSIC AVO TOAST* | 4,95€

RF | PB
GF | OF

housemade sliced bread with seeds + avocado
+ lemon + cayenne pepper + flax + chia

POKE AVO TOAST* | 5,95€

RF | PB
GF | OF

housemade sliced bread with seeds + avocado
+ cucumber + marinated Alaskan wild
salmon² + raw onion

* TOASTS EXTRAS

- free range poached egg | +1,95€
- free range scrambled egg | +1,95€
- marinated Alaskan wild salmon² | +2,45€

DESSERTS

WHITE MISO-GINGER 'CHEESECAKE' | 6,00€

RF | PB
GF | OF

cashews + white miso + ginger + activated carbon
and dates jam

TWO TEXTURES CHOCOLATE CAKE | 6,95€

RF | PB
GF | OF

brownie + mousse de chocolate + hazelnut ice cream

TERESA'S MATCHA CHEESECAKE | 5,95€

RF | PB
GF | OF

matcha tea + cashews + coconut cream + crunchy
gluten-free base with almonds & walnuts

COOKIES & PASSIONFRUIT CAKE | 4,95€

RF | PB
GF | OF

cookie base + passionfruit and cashews
mouseline + passionfruit gelée + cocoa nibs
+ matcha mascarpone

LEMON PIE | 5,95€

RF | PB
GF | OF

oat and almond tartlet + lemon and yuzu cream
+ coconut and flax cream

NEW

CHEESECAKE | 6,95€

RF | PB
GF | OF

it's plant-based cheesecake + cookie base
+ wild berries coulis

NEW

AVAILABLE ONLY ON WEEKENDS

THE SCANDAL SCRAMBLE | 9,00€

RF | PB
GF | OF

scrambled eggs + mushrooms + spinach
+ tomato + feta cheese + carrot + young garlic

**THE PLANT-BASED SCANDAL
SCRAMBLE** | 11,00€

RF | PB
GF | OF

mushrooms + spinach + tomato + carrot
+ young garlic + ackee + silken tofu +
Kala Namak salt

BAO BAB BENELECTS | 12,50€

RF | PB
GF | OF

healthy bao + 'bbq pulled pork' jackfruit
+ poached eggs + peanuts + baobab's holandaise
plant-based sauce + chili jam | 🌶️

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KOMBUCHA (400 ml.)

SYMBIOTIC PASSION | 4,95€
passion fruit + pineapple + bancha tea

BLUE MOJITO | 4,95€
yuzu + spirulina + mint

MR. BARRI | 4,95€
raspberry + strawberry + camu-camu

MOTHER AFRICA | 4,95€
ginger + hibiscus + orange

MASALA CHAI | 4,95€
garam masala + ginger

SPICY GIRL | 4,95€
lime-lemon + coriander + *jalapeño*

DRAGON LEMONADE | 4,95€ **NEW**
pitaya + lime + lemon

ORANGE FANTASY | 4,95€ **NEW**
orange + lemon

*Do not shake | Not recommended for children under 10
Not recommended for pregnant women or
during the breastfeeding period*

SMOOTHIES (400 ml.)

ANTIOX | 4,95€
orange + kiwi + strawberry

BERLÍN | 4,95€
orange + mango + strawberry + cranberries
+ beetroot + activated charcoal

MOLOKAI | 4,95€
mango + coconut water + apple + banana
+ almond butter + spinach + kale + lemon
+ basil + mint

COLD-PRESSED JUICES (400 ml.)

GREEN LOVE | 4,95€
apple + spinach + cucumber + celery + ginger
+ lemon + yellow kiwi

GREEN SLIM FIT | 4,95€
apple + spinach + fennel + celery + ginger
+ rocket + lemon + parsley + yellow kiwi

GREEN MEDICINE | 4,95€
pear + spinach + kale + grape + cucumber
+ lemon + parsley + dandelion + yellow kiwi

β CAROTENO | 4,95€
carrot + apple + coconut water

FOREVER YOUNG | 4,95€
carrot + orange + pineapple + grape + turmeric
+ lime + lucuma + yellow kiwi

PASSION GRAPEFRUIT | 4,95€
apple + tangerine + grapefruit + strawberry
+ passion fruit + ginger

MY SWEET HORNY | 4,95€
pineapple + apple + aloe vera + passion fruit + maca

VIRUS KILLER | 4,95€
pear + lemon + osmotized water + ginger
+ honey + echinacea + thyme

BLUE DIAMOND | 4,95€
pineapple + pear + grapes + coconut + apple
+ ginger + lime + mint + spirulina + yellow kiwi

THE VEGAN VAMPIRE | 4,95€
pear + beetroot + carrot + orange + pineapple
+ lemon + ginger

DETOX | 4,95€
carrot + tomato + lettuce + beetroot + cucumber
+ fennel + spinach + celery + kale

DIGESTIVE ELIXIR | 4,95€
osmotized water + lime + cranberries + maple
syrup + activated charcoal

ENERGY BOOST | 4,95€
osmotized water + cucumber + lemon + honey
+ orange blossom water + bee pollen

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