

# WELCOME COCKTAIL

Welcome glass of cava with kale chips

# STARTERS choose one

Kale dream cream PB|GF

leek + onion + potato + kale + thyme + kale chips

## Crunchy yellowfin taco GFIOFI

nixtamalized corn flour crunchy tortilla + marinated yellowfin tuna dice + white cabbage + coriander + spring onion + housemade cocktail sauce with chipotle + avocado + sesame seeds

### Crunchy hiramasa taco GFIOF

nixtamalized purple corn flour crunchy tortilla + marinated hiramasa (kingfish) dice + radishes + romaine lettuce + dill + ponzu sauce + sweet wasabi sauce

## Crunchy salmon taco GF|OF

nixtamalized corn flour crunchy tortilla with beetroot + marinated Alaskan wild salmon<sup>2</sup> dice + avocado + nori seaweed + romaine lettuce + tartare sauce with jalapeños

## Teresa's favorite kale salad RF|PB|GF|

kale + cherry tomatoes + avocado + mixed sprouts + nori seaweed + mango + radishes + chipotle vinaigrette

### Salmon sashimi toast OF

5 cereals whole grain spelt bread + green peas cream + Alaskan wild salmon<sup>2</sup> sashimi + mint + grated lemon zest

### Grilled watermelon GF

grilled watermelon + goat cheese + mizuna + mustard leaves + marcona almonds + sweet mint sauce











All plant-based proteins are developed by our R&D team in our workshop.

## MAIN COURSES choose one

### Supertagliatelle OF

supertagliatelle with spirulina + Alaskan wild salmon<sup>2</sup> dice + kale pesto + parmesan cheese

### 'Chicken' pad Thai PB | GF

rice spaghetti + shiitake + carrot + it's plant-based 'chicken' + soybean sprouts + roasted peanuts + pickled daikon + housemade pad thai sauce + spring onion + lime + coriander

### Ramen-ya Tere PB|GF

housemade ramen broth + buckwheat soba noodles + plant-based chashu (nori seaweed, pulled jackfruit) + young coconut 'bacon' + roasted pumpkin + oyster mushroom + nori seaweed + wakame seaweed + watermelon radish + toasted sesame

### Salmon fishing in Alaska GF | OF

slow-baked Alaskan wild salmon² + quinoa salad + citrus and Algerri herbs sauce

# Creamy rice with spirulina, salicornia and salmon wings GFIOF

brown rice + blue fish broth + fresh spirulina paste + anchovy garum + salicornia + Alaskan wild salmon $^2$  wings

### Double Black Cod GFI OF

miso marinated black cod + bok choy + shiitake + oyster mushroom+ Teresa's special black garlic dashi

## Butternut squash Malaysian curry PB | GF |

pumpkin + broccoli + zucchini + mushrooms + turmeric curry sauce + peanuts + coconut yogurt + coriander + brown basmati rice

### Tacos al pastor PB | GF

nixtamalized corn tacos (6 units) + jackfruit 'pork' + guacamole + lime + coriander + *pico de gallo* + cashew and chipotle sour cream



Our Alaskan wild salmon is obtained by sustainable fishing, which helps to keep our oceans' ecosystems healthy and strong.

## DESSERT choose one

#### Cheesecake PB | GF

it's plant-based cheesecake + cookie base + wild berries coulis

### Cookies & passionfruit cake PB|GF

cookie base + passionfruit and cashews mousseline + passionfruit gelée + cocoa nibs + matcha mascarpone

### Toasted hazelnut ice cream GF

hazelnut ice cream + banana & blueberries + Ginger Turmeric Doughnut + cocoa nibs & hazelnuts topping

### Chocolate sundae PB | GF

plant-based chocolate ice cream + coconut frosting + toasted hazelnut

## **INCLUDES**

A bottle of wine  $(2 pax) \cdot \text{Water}$  and bread Cava and party bag  $\cdot$  12 grapes

To choose: 1 starter + 1 main course + 1 dessert (per person)

**55€** per person

## RESERVATIONS

- 1. Go to our online reservation platform.
- 2. Select the number of guests.
- 3. Choose an available day and hour: from 19h to 21h
- **4.** Make the online payment in advance or if you prefer, you can also come to our restaurants and make the reservation and payment in person.

If you have any doubt, please, contact us via email or phone: reservas@teresacarles.com / 933175664