

AL·LÈRGENS | ALÉRGENOS | ALLERGENS

PER PICAR & ENTRANTS PARA PICAR & ENTRANTES To Nibble & Starters

 GLUTEN
GLUTEN
GLUTEN

 LÀCTICS
LACTEOS
DAIRY

 FRUITA SECA
FRUTOS SECOS
NUTS

 CACAUETS
CACAHUETES
PEANUTS

 SÈSAM
SÈSAMO
SESAME

 API
APIO
CELERY












 MOSTASSA
MOSTAZA
MUSTARD

 OUS
HUEVOS
EGGS







 SULFITS SO₂
SULFITOS SO₂
SULPHITES SO₂

 SOJA
SOJA
SOY


 PEIX
PESCADO
FISH

											
KALE CHIPS ORIGINAL RECIPE			●						●		
KALE CHIPS THAI STYLE				●					●		
UMAMI MARCONA			●		●				●	●	
SÍNDRIA A LA GRAELLA SANDÍA A LA PARRILLA GRILLED WATERMELON		●	●				●				
SALMON SASHIMI TOAST	●				●				●	●	●
FUNGI COCONUT TOAST	●				●				●		
TERESA'S PALEO BREAD			●		●			●		●	
MANGO & AVOCADO TARTARE					●		●		●	●	
GREEK STYLE TOAST	●		●							●	●
CRUNCHY YELLOWFIN TACO					●				●	●	●
CRUNCHY SALMON TACO					●		●		●	●	●
CRUNCHY HIRAMASA TACO					●		●		●	●	●












PER COMPARTIR | PARA COMPARTIR Sharing Courses

											
LEBANESE MEZZE FEST!			●		●				●	●	
ASSORTIMENT CRUNCHY TACOS SURTIDO CRUNCHY TACOS CRUNCHY TACOS ASSORTMENT					●		●		●	●	●
NACHOS SUPREMOS			●			●	●		●	●	

SOPEES & CREMES | SOPAS & CREMAS Soups & Creams

											
KALE DREAM CREAM			●			●			●	●	
TERESA'S ORIGINAL GAZPACHO									●	●	

AMANIDES | ENSALADAS Leafy Greens

											
TERESA'S FAVORITE KALE SALAD					●		●			●	
KALE CAESAR SALAD			●		●		●		●	●	
YELLOWFIN TUNA & SALMON POKE BOWL					●	●	●		●	●	●
MYKONOS SALAD		●			●		●		●	●	
ROASTED ROOTS & AVOCADO SALAD		●					●		●		
RAW SUPER BOWL			●		●		●			●	

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PASTA ARTESANA | Healthy Pasta

											
SUPERTAGLIATELLE	●	●	●								●
PAD THAI DE 'POLLASTRE'				●		●				●	●
ORANGE IS THE NEW HEALTHY CUORE	●		●		●	●				●	●

PRINCIPALS RAW | PRINCIPALES RAW Raw Main Courses

											
RAW VEGAN LASAGNA			●							●	
RAW ZUCCHINI BLOSSOMS			●		●		●			●	

ESPECIALITATS DE LA TERESA ESPECIALIDADES DE TERESA Teresa's Specialities

												
LA PESCA DEL SALMÓ D'ALASKA LA PESCA DEL SALMÓN DE ALASKA SALMON FISHING IN ALASKA										●	●	●
TUNA LOVES WASABI BURGER	●				●		●			●	●	●
SALMON MINI BURGERS	●				●		●			●	●	●
OMG! BIG FLAX BURGER	●		●		●		●			●	●	
NO DIGAS TACOS			●				●			●	●	
TACOS AL PASTOR			●			●	●			●	●	
THERESIA COCOSEPIA'S BLACK RICE			●			●				●	●	
BUTTERNUT SQUASH MALAYSIAN CURRY				●						●	●	
ARRÒS MELÓS D'ESPIRULINA, SALICÒRNIA I SALMON WINGS ARROZ MELOSO DE ESPIRULINA, SALICÒRNIA Y SALMON WINGS CREAMY RICE WITH SPIRULINA, SALICORNIA AND SALMON WINGS			●			●				●	●	●
LOW CARBS RISOTTO & YELLOWFIN TUNA					●	●				●	●	●
DOUBLE BLACK COD					●	●				●	●	●

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







WEEKEND BRUNCH

										
CLASSIC AVO TOAST	●				●					
POKE AVO TOAST	●				●				●	●
AÇAÍ BOWL			●					●	●	
ROYAL COCONUT MILK PARFAIT	●		●							
SCANDAL SCRAMBLE	●	●			●			●		
HEALTHY VEGGIE EGGS BENEDICT	●				●			●	●	
HEALTHY EGGS ROYALE	●				●			●	●	●
SAVOURY HEART WAFFLES			●					●		●











BRUNCH COCKTAILS

										
BEYOND MIMOSA								●		
BLOODY MARY			●		●	●		●		

HEALTHY KIDS OPTIONS









										
SUPERKIDS	●		●		●			●	●	
JACK SPAGHETTINI SPARROW		●			●			●	●	
FINDING QUINOA NEMO						●		●	●	●
NINJA NUGGETS									●	

POSTRES | Desserts

										
TWO TEXTURES CHOCO CAKE			●						●	
TERESA'S MATCHA CHEESECAKE			●						●	
COOKIES & PASSIONFRUIT CAKE			●						●	
LEMON PIE			●						●	
PASTÍS DE FORMATGE TARTA DE QUESO CHEESECAKE									●	
CARROT CAKE			●						●	
WHITE MISO GINGER CHEESECAKE			●						●	
GREEK COCONUT PARFAIT			●						●	

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GELATS

										
TOASTED HAZELNUT ICE CREAM			●					●		●
SUNDAE DE VAINILLA			●							
SUNDAE DE XOCOLATA			●							
SUNDAE DE MANGO & ANACARDS			●							

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HEALTHY INDULGENCES

										
MOSKITO			●						●	
COCO CHOCO CHIA			●						●	
PINK LADY			●						●	
ENERGY SPICY BAR			●		●		●			
RASPBERRY & RICE PROTEIN STICK BALL			●							
MATCHA & PEA PROTEIN STICK BALL			●						●	
ORANGE & HEMP PROTEIN STICK BALL			●							
VEGAN PEAR-CHOCOLATE MUFFIN									●	
QUINOA-BLUEBERRY MUFFIN			●						●	
MATCHA MUFFIN			●						●	
MISO-GINGER MUFFIN			●						●	
CHOCOLATE & ORANGE MUFFIN			●						●	
VEGAN COOKIE			●						●	
MAPLE-GLAZED DOUGHNUT			●						●	
GINGER-TURMERIC DOUGHNUT			●						●	●