

FLAX & KALE

—> CUINA FLEXITERIANA <—

CAT

Happy Healthy Hour DE DIUMENGE A DIJOURS DE 17:00H. A 19:00H.

Begudes

HEALTHY COCKTAILS | 6,95€

SCREWDRIVER
kombucha Orange Fantasy
+ 1 shot de vodka *Belvedere*

SYMBIOTIC VODKA
kombucha Symbiotic Passion
+ 1 shot de vodka *Belvedere*

KOMBUCHA | 3,95€

SYMBIOTIC PASSION
maracujà + pinya

BLUE MOJITO
yuzu + espirulina + menta

MR. BARRI
gerds + maduixa + camu-camu

MOTHER AFRICA
gingebre + hibiscus + taronja

MASALA CHAI
garam masala + gingebre

SPICY GIRL
llima-llimona + coriandre + *jalapeño*

DRAGON LEMONADE
pitaia + llima + llimona

ORANGE FANTASY
taronja + llimona

CANYA ESTRELLA DAMM 20 CL. 1,50€
CLÁSICA 33 CL. 1,90€

TERESA'S WINE HOUSE  2,50€
blanc / rosat / negre

Tapes

KALE CHIPS ORIGINAL RECIPE | 2,50€

kale deshidratada + anacards
+ llevat nutricional + cúrcuma

NACHOS CASEROS | 6,50€

nachos casolans de blat nixtamalitzat
+ guacamole + tomàquet + *jalapeño* + blat
de moro + *it's plant-based 'meat'* + formatge
fos *it's plant-based* estil cheddar | 🌿

'NUGGETS' PLANT-BASED | 5,50€

'nuggets' *it's plant-based* (6 uts.)
+ maionesa *sweet chili*

RAINBOW HUMMUS | 5,50€

rainbow Lebanese hummus (original +
espirulina blava + cúrcuma + remolatxa)
+ pa de pita estil focaccia

BONIATOS ASADOS | 3,50€

bastons de moniato rostit i especiat
+ salsa de tahini i iogurt

Si vostè és al·lèrgic o intolerant a
qualsevol classe d'aliment, si us plau
feu-nos-ho saber com més aviat millor.

@flaxandkale
www.flaxandkale.com

Happy Healthy Hour DE DOMINGO A JUEVES DE 17:00H. A 19:00H.

Bebidas

HEALTHY COCKTAILS | 6,95€

SCREWDRIVER
kombucha Orange Fantasy
+ 1 shot de vodka *Belvedere*

SYMBIOTIC VODKA
kombucha Symbiotic Passion
+ 1 shot de vodka *Belvedere*

KOMBUCHA | 3,95€

SYMBIOTIC PASSION
maracuyá + piña

BLUE MOJITO
yuzu + espirulina + menta

MR. BARRI
frambuesa + fresa + camu-camu

MOTHER AFRICA
jengibre + hibiscus + naranja

MASALA CHAI
garam masala + jengibre

SPICY GIRL
lima-limón + cilantro + jalapeño

DRAGON LEMONADE
pitaya + lima + limón

ORANGE FANTASY
naranja + limón

CAÑA ESTRELLA DAMM **20 CL.** 1,50€
CLÁSICA **33 CL.** 1,90€

TERESA'S WINE HOUSE **2,50€**
blanco / rosado / tinto

Tapas

KALE CHIPS ORIGINAL RECIPE | 2,50€

kale deshidratada + anacardos
+ levadura nutricional + cúrcuma

NACHOS CASEROS | 6,50€

nachos caseros de maíznixtamalizado
+ guacamole + tomate + jalapeño + maíz
dulce + *it's plant-based 'meat'* + queso
fundido *it's plant-based* estilo cheddar | 🌿

'NUGGETS' PLANT-BASED | 5,50€

'nuggets' *it's plant-based* (6 uds.)
+ mayonesa *sweet chili*

RAINBOW HUMMUS | 5,50€

rainbow Lebanese hummus (original +
espirulina azul + cúrcuma + remolacha)
+ pan de pita estilo focaccia

BONIATOS ASADOS | 3,50€

bastones de boniato asado y especiado
+ salsa de tahini y yogur

Si usted es alérgico o intolerante a cualquier tipo de alimento, por favor notifíquelo lo antes posible.

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FLAX & KALE

—> CUINA FLEXITERIANA <—

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Happy Healthy Hour SUNDAY TO THURSDAY FROM 17:00H. TO 19:00H.

Drinks

HEALTHY COCKTAILS | 6,95€

SCREWDRIVER

kombucha Orange Fantasy
+ 1 shot of *Belvedere* vodka

SYMBIOTIC VODKA

kombucha Symbiotic Passion
+ 1 shot of *Belvedere* vodka

KOMBUCHA | 3,95€

SYMBIOTIC PASSION

passion fruit + pineapple

BLUE MOJITO

yuzu + spirulina + mint

MR. BARRI

raspberry + strawberry + camu-camu

MOTHER AFRICA

ginger + hibiscus + orange

MASALA CHAI

garam masala + ginger

SPICY GIRL

lime-lemon + coriander + *jalapeño*

DRAGON LEMONADE

pitaya + lime + lemon

ORANGE FANTASY

orange + lemon

CAÑA ESTRELLA DAMM 20 CL. 1,50€
CLÁSICA 33 CL. 1,90€

TERESA'S WINE HOUSE  2,50€
white / rosé / red

Tapas

KALE CHIPS ORIGINAL RECIPE | 2,50€

dehydrated kale + cashews + nutritional yeast + turmeric

HOUSEMADE NACHOS | 6,50€

housemade nixtamalized corn nachos + guacamole + tomato + *jalapeño* + sweet corn + it's plant-based 'meat' + melted cheese
it's plant-based cheddar style | 🌿

'NUGGETS' PLANT-BASED | 5,50€

'nuggets' *it's plant-based* (6 uds.)
+ mayonesa *sweet chili*

RAINBOW HUMMUS | 5,50€

rainbow lebanese hummus (original + blue spirulina + turmeric + beetroot)
+ pita bread focaccia style

ROASTED SWEET POTATO | 3,50€

roasted & spiced sweet potato sticks
+ tahini and yoghurt sauce

If you're allergic or intolerant to any kind of food, please notify us immediately.

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