

flexibowls salads and flexitarian pokes

9.95€

**jb's favorite italian** ^N

lettuce + spinach + arugula + semi-dried tomato + avocado + Grana Padano + pine nuts + plant-based basil pesto + muddica atturata

**teresa's favorite kale salad** ^{PB|RF|F}

kale + cherry tomatoes + avocado + mixed sprouts + nori seaweed + mango + radishes + chipotle vinaigrette

**kale caesar salad** ^{PB|N}

kale + romaine lettuce + plant-based parmesan + plant-based 'chicken'*+ croutons + plant-based Caesar sauce + plant-based 'bacon'

**middle-eastern salad** ^{PB|N}

spinach + arugula + caviar lentils + roasted pumpkin + crispy tempeh + almonds + pomegranate + tahini vinaigrette

**tuna poke bowl** ^{OF|F} | +3.00€

yellowfin tuna + konjac + avocado + wakame + nori + asazuke cucumber + red cabbage chucrut + kale + leafy greens + cayenne mayonnaise

**salmon poke bowl** ^{OF} | +3.00€

Alaskan wild salmon** + black rice + white quinoa + avocado + wakame + fermented celery + kelp noodles + mango + leafy greens + miso-ginger sauce

weekend brunch AVAILABLE ONLY ON WEEKENDS**plant-based 'bacon'n'cheese'****bagel** ^{PB} | 4.95€

homemade bagel + young coconut 'bacon' + plant-based mascarpone + plant-based cheddar

avocado toast ^{PB} | 4.95€

homemade bread + avocado + lemon + flax + chia + cayenne

avocado toast extras:poached poultry egg **+1.00€**scrambled poultry egg **+1.00€**marinated wild Alaskan salmon* **+2.95€****the scandal scramble** | 4.95€

scrambled poultry eggs + mushrooms + feta cheese + spinach + carrot + "flute" bread with tomato

healthy eggs royale with**alaskan wild salmon** ^{OF} | 12.95€

homemade english muffin + wild Alaskan salmon* sashimi + poached eggs + plant-based curry hollandaise sauce + roasted carrot and artichoke

**flexiplates** hot flexitarian dishes

12.95€

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**my vegan japanese girlfriend** ^{PB|F}

black rice + quinoa + 'pulled pork' jackfruit* + plant-based scrambled eggs + yakiniku sauce + cilantro

**butternut squash malaysian curry** ^{PB|N|F}

pumpkin + broccoli + zucchini + mushrooms + turmeric curry sauce + peanuts + coconut yoghurt + cilantro + brown basmati rice

**ramen + plant-based chashu** ^{PB|N}

homemade ramen broth + soba noodles + plant-based 'chashu'* + young coconut 'bacon'* + roasted pumpkin + thistle mushroom + nori seaweed

**jackfruit tacos al pastor** ^{PB|N|F} | +1.00€

corn tacos + jackfruit al pastor + guacamole + pico de gallo + roasted pineapple + cilantro + sour sauce with chipotle + kale chips

**omg! plant-based burger** ^{PB|N} | +1.00€

homemade brioche bread + plant-based hamburger* + plant-based cheddar + roasted japanese sweet potato + ketchup + kale chips

**tuna wasabi burger** ^{N|OF} | +3.00€

homemade brioche bread + yellowfin tuna burger + roasted carrots + kale chips + wasabi mayonnaise

**salmon burger** ^{N|OF} | +3.00€

homemade brioche bread + Alaskan wild salmon** burger + mustard and dill mayonnaise + roasted sweet potato + kale chips

**alaskan wild salmon quinoa** ^{N|OF} | +3.00€

Alaskan wild salmon** + sautéed red quinoa with vegetables + kale chips + umami sauce

sides para compartir

5.95€

**singapore's street broccoli** ^{PB}

roasted broccoli with herbs

**jaffa street creamy hummus** ^{PB|N}

creamy hummus + homemade pita bread

**tender peanut butter cauliflower** ^{PB|N}

super tender cauliflower + black garlic + ginger + peanut sauce

**kuala lumpur's street aubergine** ^{PB}

miso marinated aubergine + yakiniku sauce

pan casero

2.00€

poppy seeds ^{PB} | turmeric and hemp seeds ^{PB} | walnuts and seeds ^{PB|N}

drinks

kombucha | free refill

glass: 3.95€ | bottle: 4.95€

plant-based* | gluten-free | alcohol-free | naturally sweetened and flavoured | unpasteurised
*except virus killer

	symbiotic passion passion fruit + pineapple + tea bancha		blue mojito yuzu + spirulina + mint		mr. barri raspberry + strawberry + camu-camu
	virus killer field herbs + honey + ginger		mother africa ginger + hibiscus + orange		masala chai garam masala + ginger

cold-pressed juices

5.95€

plant-based* | raw | gluten-free | unpasteurised | no added sugars
*except virus killer + energy boost

	green love apple + spinach + cucumber + celery + ginger		green slim fit apple + spinach + celery + fennel + ginger + arugula		green medicine pear + spinach + kale + grape + cucumber + dandelion
	B caroteno carrot + apple + coconut water		forever young carrot + orange + turmeric + lime + lucuma		passion grapefruit tangerine + grapefruit + strawberry + passion fruit + ginger
	my sweet horny pineapple + apple + aloe vera + passion fruit + ginger		virus killer lemon + ginger + honey + echinacea + thyme		blue diamond pineapple + pear + coconut water + apple + lime + spirulina
	the vegan vampire pear + beet + carrot + pineapple + ginger		detox carrot + tomato + beet + cucumber + celery		digestive elixir osmotised water + blueberries + lime + activated carbon
	energy boost osmotised water + cucumber + honey + orange blossom water		seasonal let its flavour surprise you!		



smoothies

5.95€

plant-based | raw | unpasteurised | no added sugars

	antiox orange + kiwi + strawberry		berlin orange + mango + strawberry + blueberries + activated carbon		molokai ^N mango + coconut water + banana + spinach + kale + basil
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plant-based drinks

4.95€

raw | plant-based* | dairy-free | unpasteurised | *except party recovery + turmeric chai

	coco masalachai ^N almonds + young coconut + cardamom + anise + vanilla		cashew choco shake ^N cashews + raw cocoa + vanilla + agave syrup		party recovery ^N strawberries + young coconut water + hemp seeds + cashews
	miss avena avellana ^N oatmeal + hazelnuts + lemon peel + cinnamon + agave syrup		turmeric chai ^N almonds + young coconut + ginger + cinnamon + cloves		whole young coconut 5.95€

water | free refill

beer

wine

2.95€ | 12.95€

purified water | 1.95€

Our water not only hydrates you, it also tastes better thanks to its purification process; it's also more sustainable as it's bottled in glass in our own restaurant, avoiding waste generation and reducing CO2 emissions

sparkling water | 2.50€

classic damm

20cl. | 1.95€ | 35cl. | 2.95€

housemade clara

beer with lemon juice

20cl. | 2.25€ | 35cl. | 3.25€

damm 0,0% beer

33cl. | 2.75€

damm GF beer

33cl. | 2.95€

teresa's wine house white

chardonnay + gewürztraminer

teresa's wine house rosé

syrah

teresa's wine house red

merlot + tempranillo + cabernet sauvignon

desserts

healthy smoothies and ice-cream

glass: 4.95€ | bowl: 6.95€

plant-based | raw | gluten-free | unpasteurised | dairy-free

açaí

glass: açaí do Brasil + banana + strawberries + housemade cashew plant-based drink + agave syrup + hemp seeds

bowl: + blueberries + housemade crumble with Brazilian nuts + Goji berries



teresa's favorite smoothie

glass: housemade almond plant-based drink + strawberries + almond butter + agave syrup + vanilla

bowl: + Teresa's original granola + raspberries + pomegranate



plant-based pastries

4.95€

plant-based | gluten-free

white miso-ginger cheesecake

cashews + white miso + ginger + date and activated carbon jam



two textures chocolate cake

brownie + chocolate mousse + hemp seeds



carrot cake

carrot and nut cake + plant-based mascarpone

hibiscus & bissap cheesecake

hibiscus + cashews + crunchy almond and walnut base + bissap topping

cookies passionfruit matcha layer cake

cookie base + passion fruit & cashews mousseline + passion fruit gelée + cocoa nibs + matcha mascarpone

plant-based yoghurts

4.95€

plant-based | gluten-free

royal coconut milk parfait

housemade coconut milk yoghurt + housemade granola + berries + strawberry and rhubarb jam



mango passion yoghourt

housemade cashew yoghurt + mango + coconut cream



creamy healthy ice cream

5.95€

no added sugars | gluten-free | dairy-free | plant-based | *contains egg

toasted hazelnut

ice cream: hazelnuts

fruit: banana + blueberries

indulgence: ginger turmeric doughnut*

topping: cocoa nibs + hazelnuts



cashew choco

ice cream: chocolate

fruit: papaya + strawberries

indulgence: pink lady

topping: coconut + Goji berries



take a look on the menu

visit: flaxandkale.com/flaxkale-azca
or scan this QR code.

