

FLAX & KALE

— street —

weekend brunch AVAILABLE ONLY ON WEEKENDS

plant-based 'bacon'n'cheese' bagel ^{PB} | 4.95€
housemade bagel + young coconut 'bacon'* +
plant-based mascarpone + plant-based cheddar

avocado toast ^{PB} | 4.95€
housemade bread + avocado + lemon +
flax + chia + cayenne

avocado toast extras:
poached poultry egg +1.00€
scrambled poultry egg +1.00€
marinated wild Alaskan salmon** +2.95€

the scandal scramble | 4.95€
scrambled poultry eggs + mushrooms +
feta cheese + spinach + carrot +
'flute' bread with tomato

**healthy eggs royale with
alaskan wild salmon** ^{N | OF} | 12.95€
housemade English muffin + wild Alaskan salmon**
sashimi + poached eggs + plant-based curry
hollandaise sauce + roasted carrot and artichoke



frozen healthy smoothies

glass: 4.95€ | bowl: 6.95€

açaí ^{PB | N}
glass: açaí do Brasil + banana + strawberries +
housemade cashew plant-based drink + agave
syrup + hemp seeds
bowl: + blueberries + housemade crumble with
Brazilian nuts + Goji berries

teresa's favorite smoothie ^{PB | N}
housemade almond plant-based drink +
strawberries + almond butter + agave syrup +
vanilla
bowl: + Teresa's original granola + raspberries +
pomegranate



plant-based yoghourts

4.95€



**royal coconut
milk parfait** ^{PB | N}
housemade coconut
milk yogurt +
housemade granola +
berries + strawberry
and rhubarb jam



**mango passion
yoghurt** ^{PB | N}
housemade cashew
yoghurt + mango
+ coconut cream

creamy healthy ice creams

5.95€

no added sugars | lactose free



toasted hazelnut ^N
ice cream: hazelnuts
fruit: banana +
blueberries
indulgence: ginger
turmeric doughnut*
topping: cocoa nibs +
hazelnuts



cashew choco ^{PB | N}
ice cream: chocolate
fruit: papaya +
strawberries
indulgence: pink lady
topping: coconut + Goji
berries

ALL DISHES ARE
GLUTEN-FREE

PB | plant-based **N** | nuts
RF | raw food **OF** | oily fish

www.flaxandkale.com

follow us: @flaxandkale

* All plant-based proteins are developed by our R&D team in our workshop

** Our Alaskan wild salmon is obtained by sustainable fishing, which helps to keep our oceans' ecosystems healthy and strong.

housemade gluten-free bakery

en



vegan pear-chocolate muffin ^{PB}
| 2.95€
buckwheat muffin + caramelized pear +
chocolate



quinoa-blueberry muffin ^{PB | N}
| 2.95€
quinoa and buckwheat muffin + hazelnut
cream + blueberries



matcha muffin ^{PB | N} | 2.95€
buckwheat and whole grain rice +
almond cream + matcha tea + cacao nibs



miso-ginger muffin ^{PB | N} | 2.95€
buckwheat and whole grain rice +
almond cream + coconut plant-based
drink + ginger + miso



chocolate & orange muffin ^{PB | N}
| 2.95€
buckwheat and whole grain rice +
hazelnut cream + banana + cocoa +
orange



cookie ^{PB | N} | 2.50€
housemade vegan cookie with raw
chocolate chips and walnuts



moskito ^{PB | N} | 3.50€
buckwheat flour + cashew mascarpone +
chocolate cover



pink lady ^{PB | N} | 2.50€
buckwheat flour + cashew and lemon
cream + beetroot + plant-based white
chocolate



coco choco chia bar ^{PB | RF | N} | 3.50€
coco and chia cream + almonds + raw
chocolate



cinnamon maca roll ^{PB | N} | 3.50€
buckwheat flour + almonds + cinnamon +
maca + plant-based mascarpone



choco ginseng don e.t ^N | 2.50€
almond flour mini doughnut (not fried) +
chocolate cover + peanuts + chili



maple-glazed doughnut ^N | 2.95€
almond flour doughnut (not fried) +
coconut flour + cashews + honey + maple
syrup glaze



ginger-turmeric doughnut ^N | 2.95€
almond flour doughnut (not fried) +
buckwheat flour + walnuts + ginger +
cashews + turmeric + plant-based
chocolate



take a look at the menu

visit: flaxandkale.com/flaxkale-azca
or scan this QR code.

Eat better > Be happier > Live longer

specialty coffee

high quality, sustainable, honest coffee

FLAX & KALE
street

espresso

espresso 1.80€



18ml of coffee in a cup
(9g of coffee)

long black (americano) 2.30€



90ml of hot water extra
36ml of coffee in a cup
(18g of coffee)

regular filtered coffee | free refill

moccamaster extraction 2.00€



high-quality filter coffee, great
taste and aroma, only for true
coffee lovers

for a superior coffee experience, we
recommend you try our unpasteurised
plant-based drinks made by hand in
our workshop

gluten-free | dairy-free
organic plant-based drinks



Flax & Kale
Sustainable Program

purchase a reusable Flax & Kale mug at cost price (€2.95) and get
€0.50 off all coffee every time you show it

combine with your favorite plant-based drink!

extra shot: +0.50€

what coffee do you fancy?

dairy / soy

hazelnut

coconut oat

almond
cashew

cortado



40ml of milk / plant-based drink
18ml of coffee in a cup
(9g of coffee)

2.00€

+0.20€

+0.20€

+0.20€

coffee with milk / capuccino



120ml of milk / plant-based drink
18ml of coffee in a cup
(9g of coffee)

2.20€

+0.40€

+0.40€

+0.40€

flat white



100ml of milk / plant-based drink
36ml of coffee in a cup
(18g of coffee)

2.40€

+0.40€

+0.40€

+0.40€

latte



225ml of milk / plant-based drink
18ml of coffee in a cup
(9g of coffee)

2.60€

+0.60€

+0.60€

+0.60€

tea world

+ add a plant-based drink

matcha latte 2.90€ | +0.60€

chai tea latte 2.90€ | +0.60€

black chai^{ECO} 2.50€

green (sencha)^{ECO} 2.50€

red (pu erh)^{ECO} 2.50€

black (earl grey)^{ECO} 2.50€

rooibos^{ECO} 2.50€

rooibos masai masala^{ECO | N} 2.50€

digestive tea^{ECO} 2.50€

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