

**Allèrgens | Alérgenos | Allergens**

**FLAX & KALE**

**Eat Better®**

# Allèrgens | Alérgenos | Allergens

## Per Picar & Entrants Para Picar & Entrantes To Nibble & Starters

 GLUTEN  
GLUTEN  
GLUTEN

 LÀCTICS  
LACTEOS  
DAIRY

 FRUITA SECA  
FRUTOS SECOS  
NUTS

 CACAUETS  
CACAHUETES  
PEANUTS

 SÈSAM  
SÈSAMO  
SESAME

 API  
APIO  
CELERY












 MOSTASSA  
MOSTAZA  
MUSTARD

 OUS  
HUEVOS  
EGGS












 SULFITS SO<sub>2</sub>  
SULFITOS SO<sub>2</sub>  
SULPHITES SO<sub>2</sub>

 SOJA  
SOJA  
SOY












 PEIX  
PESCADO  
FISH

											
KALE CHIPS ORIGINAL RECIPE			●						●		
SÍNDRIA A LA GRAELLA SANDÍA A LA PARRILLA GRILLED WATERMELON		●	●				●				
MANGO & AVOCADO TARTARE					●		●		●	●	
CRUNCHY TUNA TACO					●				●	●	●
CRUNCHY SALMON TACO					●		●		●	●	●
CRUNCHY CORVINA TACO									●	●	●

## Per Compartir Para Compartir Sharing Courses









											
HUMMUSÍSSIMO			●		●				●	●	
ASSORTIMENT CRUNCHY TACOS SURTIDO CRUNCHY TACOS CRUNCHY TACOS ASSORTMENT					●		●		●	●	●
NACHOS SUPREMOS									●	●	
ALBERGÍNIA ESTIL SZECHUAN BERENJENA ESTILO SZECHUAN SZECHUAN STYLE EGGPLANT	●			●	●					●	

## Amanides Ensaladas Leafy Greens











											
TERESA'S FAVORITE KALE SALAD					●		●			●	
KALE CAESAR SALAD	●		●		●		●		●	●	
YELLOWFIN TUNA & SALMON POKE BOWL					●	●	●		●	●	●
ROASTED ROOTS & AVOCADO SALAD		●					●		●		
ALASKAN SALMON BIBIMBAP					●				●	●	●
LEMON CHILI PARMESAN MINCED KALE SALAD		●	●		●				●	●	●
FALAFEL HARISSA SALAD	●				●				●	●	

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## Pasta Artesana Healthy Pasta

										
PAD THAI DE 'POLLASTRE' PAD THAI DE 'POLLO' 'CHICKEN' PAD THAI				●	●				●	●
YAKITUNA	●				●				●	●











## Especialitats de la Teresa Especialidades de Teresa Teresa's Specialities

										
LA PESCA DEL SALMÓ D'ALASKA LA PESCA DEL SALMÓN DE ALASKA ALASKAN SALMON CATCH									●	●
TUNA LOVES WASABI BURGER	●				●		●		●	●
SALMON MINI BURGERS	●				●		●		●	●
TACOS AL PASTOR					●		●		●	
MALAI KOFTA FISHBALLS TIKKA MASSALA		●			●		●		●	●
LOW CARBS RISOTTO & YELLOWFIN TUNA					●		●		●	●
RAW VEGAN LASAGNA									●	
PLANT-BASED TRUFFLED MAYO BURGER	●				●				●	●
PLANT-BASED BBQ RIBS	●			●	●				●	●
YELLOWFIN TUNA BIBIMBAP					●		●		●	●

## Sopes & Cremes Sopas & Cremas Soups & Creams

										
KALE DREAM CREAM					●				●	●
RAMEN YA-TERE					●		●		●	●
TERESA'S ORIGINAL GAZPACHO	●								●	

## Kids

										
SUPERKIDS	●				●				●	●
JACK SPAGHETTINI SPARROW		●			●		●		●	●
FINDING QUINOA NEMO							●		●	●
NINJA NUGGETS									●	●

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